

NAVIGATING CHANGES

47th Annual Convention

Nov 14-17, 2023

Grand Galvez | Galveston, TX



Knowledge | Support | Empowerment
Texas Chapter

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WELCOME

On behalf of the Convention Program Committee, I want to welcome you to the 47th Annual Convention of the American Association on Intellectual and Developmental Disabilities (AAIDD) Texas Chapter. We are pleased that you are joining us for this convention in scenic Galveston, Texas.

The Convention Program Committee has secured an array of presentations that will appeal to professionals, direct support providers, self-advocates, and family members. As we find ourselves “Navigating Changes” of IDD services, our efforts continue to focus on support for persons served. We appreciate the presenters who will share their knowledge and experiences with us.

The convention presentations should provide enlightenment and insight about service provision and supports for individuals with IDD, their caregivers and community advocates. This year’s presentation topics include religion, genetics, interventions, innovations and employment outcomes. Please take advantage of the opportunity for continuing education, professional development, and networking with the convention participants.

The convention entitled “Navigating Changes” reflects the efforts of flexibility and resilience of all service providers and service recipients who have encountered obstacles, challenges, and changes. In addition to the individual sessions, on the final day we will have the opportunity to hear from leaders of statewide organizations who share in our mission of service provision.

We want to encourage you to visit exhibitors during breaks to see the array of silent auction items available. Since holidays are nearing, please take the opportunity to purchase needed gifts while also supporting our Texas Chapter. We extend our appreciation to those who contribute to the silent auction as well as those who sponsor our convention.

The Board of Directors of AAIDD Texas Chapter and our Convention Program Committee thank you for joining us at the Grand Galvez. Enjoy the convention, the camaraderie, the cuisine, and the sites that Galveston has to offer.

GeRon McGlory, President Elect
AAIDD Texas Chapter
2023 Convention Committee Chair

SPECIAL EVENTS

PRE-CONVENTION WORKSHOP

Tuesday, November 14 – 1 – 4 p.m.

Identifying Genetic Causes: When to Test and Benefits

Dr. Scott will describe when genetic testing should be obtained and when testing is unlikely to provide additional insight into a child's medical problems. He will briefly outline the optimal genetic testing strategy for individuals with behavioral and neurodevelopmental disorders in the context of common genetic disorders like Down syndrome, 22q11.2 deletion syndrome and fragile X syndrome. Various examples will be provided of how physicians and families have worked together to use "negative" test results to identify new genes responsible for these disorders. In doing so, he will explain how modern gene discover efforts take advantage of large clinical databases, international collaborative networks, and animal models. Dr. Scott will also describe how these discoveries have not only helped the families that have participated in these studies but have the potential to help other families affected by these disorders.

- Daryl A. Scott, M.D., Ph.D., Professor, Baylor College of Medicine

OPENING SESSION

Wednesday, November 15 – 8:45 – 10:30 a.m.

The Road to Belonging: Glancing Backward, Moving Forward

How can our schools, workplaces, congregations, and communities become places of inclusion and belonging for people with intellectual and developmental disabilities? What are the postures and practices that matter most? In this keynote, Erik Carter will share a powerful framework for reflecting upon and fostering belonging within the communities that matter most to the individuals we serve and love. Gain fresh insights into the roles we can each play—individually and collectively—to spur change within communities that still struggle to widen their welcome and deepen their embrace.

- Erik W. Carter, Ph.D., FAIDD, Professor, Luther Sweet Endowed Chair in Developmental Disabilities, Baylor University

SILENT AUCTION

Wednesday, November 15, Noon - 4:30 p.m.

Thursday, November 16, 7:30 a.m. - 2:30 p.m.

The AAIDD – Texas Chapter Silent Auction is held in the Exhibit Hall on Wednesday, November 15 from Noon – 4:30 p.m. and Thursday, November 16 from 7:30 a.m. – 2:30 p.m. Show your support for the association and participate in the Silent Auction. If you have an item that you would like to donate, contact Susanne Deiter at 210-845-2628 or by email at susannedeiter1964@gmail.com. Proceeds from the auction will help support the convention. See you there!

AAIDD TEXAS CHAPTER AWARDS LUNCHEON

Thursday, November 16, 11:15 a.m. - 12:45 p.m.

We all know dedicated persons who are serving persons with intellectual and developmental disabilities. Visit www.aaidtx.org for awards information. Help honor this year's award recipients.

CLOSING SESSION

Friday, November 17 – 9 – 11 a.m.

State Leader Panel Discussion

Continental Breakfast will be provided

- Moderator, Toye Babb, President, AAIDD Texas Chapter
- Isabel Casas, Director of IDD, Texas Council of Community Centers
- Scott Daigle, Public Policy Director, Texas Council for Developmental Disabilities (TCDD)
- Heather Fleming, Director of Provider Relations, Medicaid/CHIP Services, Texas Health & Human Services Commission (HHSC)
- Ashley Ford, Director of Public Policy & Advocacy, The Arc of Texas Invited
- Anne McGonigle, Deputy Associate Commissioner of IDD Services, Texas Health & Human Services Commission (HHSC)
- Carole Smith, Executive Director, Private Providers Association of Texas (PPAT)
- Beth Stalvey, Executive Director, Texas Council for Developmental Disabilities (TCDD) Invited
- Heather Vasek Consultant Legislative, Provider Alliance for Community Services of Texas (PACSTX) Invited



SPONSORS & EXHIBITORS

SPONSORS

DIAMOND



PLATINUM



GOLD

ANDREW W. GRIFFIN, PH.D.

CHARLOTTE KIMMEL, PH.D.



BRONZE



TABLETOP DISPLAY EXHIBITORS

Butler Human Services Furniture
Core-VA Solutions
Friends for Life
Guardian Pharmacy Texas
iCareManager
IntellectAbility

Neighborhood LTC Pharmacy
Pharmacy Alternatives by PharMerica
StationMD
TaskMaster Pro - TMP
Texas Comptroller of Public Accounts - Texas ABLE
The Wood Group

SCHEDULE-AT-A-GLANCE

Tuesday November 14

Noon – 5 p.m.
Registration

1 – 4 p.m.
Pre-Convention Workshop

2 –5 p.m.
Exhibit Hall/Silent Auction Set-up

4:45 – 6 p.m.
Reception

6 p.m.
AAIDD Texas Chapter Board of Directors and
Convention Committee Meeting/Dinner

Wednesday November 15

7:45 a.m. – 5 p.m.
Registration

7:45 – 8:30 a.m.
Continental Breakfast/Poster Presentations

8:45 – 10:30 a.m.
Opening Session

10:45 – 11:45 a.m.
Breakout Sessions

Noon – 4:30 p.m.
Exhibit Hall/Silent Auction (Lunch on your own)

1:30 – 2:30 p.m.
Breakout Sessions

2:30 – 3 p.m.
Break (Exhibit Hall)

3 – 4 p.m.
Breakout Sessions

4 – 4:30 p.m.
AAIDD Texas Chapter Annual Business Meeting

5 – 6:30 p.m.
Reception

Thursday November 16

7:30 a.m.– 5 p.m.
Registration

7:30 – 8:15 a.m.
Continental Breakfast (Exhibit Hall)

7:30 a.m. – 2:30 p.m.
Exhibit Hall/Silent Auction Open

8:30 – 9:30 a.m.
Breakout Sessions

9:30 – 10 a.m.
Break (Exhibit Hall)

10 – 11 a.m.
Breakout Sessions

11:15 a.m. – 12:45 p.m.
Awards Luncheon

1 – 2 p.m.
Breakout Sessions

2 – 2:30 p.m.
Break (Exhibit Hall)

2:30 p.m.
Silent Auction Closes

2:30 – 3:30 p.m.
Breakout Sessions

3:45 – 4:45 p.m.
Breakout Sessions

4:45– 5:15 p.m.
Silent Auction Pick-up

Evening on your own

Friday November 17

8 – 11 a.m.
Registration

8 – 8:45 a.m.
Continental Breakfast

9 – 11 a.m.
Closing Session



SCHEDULE OF EVENTS

Tuesday November 14

Noon – 5 p.m.
REGISTRATION

1 – 4 p.m.

PRE-CONVENTION WORKSHOP

Identifying Genetic Causes: When to Test and Benefits

Dr. Scott will describe when genetic testing should be obtained and when testing is unlikely to provide additional insight into a child's medical problems. He will briefly outline the optimal genetic testing strategy for individuals with behavioral and neurodevelopmental disorders in the context of common genetic disorders like Down syndrome, 22q11.2 deletion syndrome and fragile X syndrome. Various examples will be provided of how physicians and families have worked together to use "negative" test results to identify new genes responsible for these disorders. In doing so, he will explain how modern gene discover efforts take advantage of large clinical databases, international collaborative networks, and animal models. Dr. Scott will also describe how these discoveries have not only helped the families that have participated in these studies but have the potential to help other families affected by these disorders.

- *Daryl A. Scott, M.D., Ph.D., Professor, Baylor College of Medicine*

2 – 5 p.m.

EXHIBIT HALL/SILENT AUCTION SET-UP

4:45 – 6 p.m.

RECEPTION

6 p.m.

AAIDD TEXAS CHAPTER BOARD OF DIRECTORS AND CONVENTION COMMITTEE MEETING/DINNER

Wednesday November 15

7:45 a.m. – 5 p.m.
REGISTRATION

7:45 – 8:30 a.m.

CONTINENTAL BREAKFAST/POSTER PRESENTATIONS

8:45 – 10:30 a.m.

OPENING SESSION

Erik W. Carter, Ph.D., FAIDD, Professor, Luther Sweet Endowed Chair in Developmental Disabilities, Baylor University

The Road to Belonging: Glancing Backward, Moving Forward

How can our schools, workplaces, congregations, and communities become places of inclusion and belonging for people with intellectual and developmental disabilities? What are the postures and practices that matter most? In this keynote, Erik Carter will share a powerful framework for reflecting upon and fostering belonging within the communities that matter most to the individuals we serve and love. Gain fresh insights into the roles we can each play—individually and collectively—to spur change within communities that still struggle to widen their welcome and deepen their embrace.

Wednesday November 15

10:45 – 11:45 a.m.

BREAKOUT SESSIONS

1. Faith and Disability – Moving From Exclusion to Embrace

Like anyone else, faith can have a prominent place in the lives of people with intellectual and developmental disabilities, as well as their families. Yet many congregations still struggle to widen their welcome and support the meaningful participation of this segment of their local community. This session will address practical strategies and resources that direct support professionals, parents, and individuals can use to promote greater access and acceptance within area congregations.

- *Erik W. Carter, Ph.D., FAIDD, Professor, Luther Sweet Endowed Chair in Developmental Disabilities, Baylor University*

2. Person Centered Outcomes – Discovery and Creative Action

Person Centered Outcome statements are required for people receiving home and community based services. Additional waiver services also require outcomes. Person centered outcomes can be found as a part of ARD meetings, vocational rehabilitation programs., frankly almost all service delivery systems require some sort of planning document. Although these planning documents have different titles, all are expected to base outcomes on how the person would like to live their lives. Developing outcomes is not just a disability related process. People without disabilities also create outcomes to work towards: health, building relationships, careers, living options, friends. Outcomes are a road map to living a good life for everyone. This road map for all is not always for all. People with disabilities struggle with numerous barriers, one of which is how those supporting the person create an outcome that truly reflects what that person would like to do. This training will provide learners with an overview of how to use person centered discovery skills to inform outcomes that leads to a better life for the people they support.

- *Jeff Garrison-Tate, CEO/Founder, Better Lives, LP*

3. IDD Impact of The 88th Legislative Session

We will be discussing some of the key changes in IDD Services and supports as a result of the 88th Texas Legislative session. This will be a good opportunity to learn about changes in the IDD field that may impact you or your organization.

- *Dion White, MBA, FAAIDD, CEO, Center for Life Resources*

Noon – 4:30 p.m.

EXHIBIT HALL/SILENT AUCTION OPEN

(Lunch on your own)

1:30 – 2:30 p.m.

BREAKOUT SESSIONS

1. 1. Dual Diagnosis Issues and Persons with IDD

A significant percentage of persons with intellectual and developmental disabilities (IDD) have increased difficulties with co-occurring problematic diagnoses, including mental health disorders. Diagnosis of psychological disorders becomes more complicated when individuals present with several competing problems which may include problems in cognitive processing, language, mental health, substance abuse, and neurological deficits. The issues may arise when problem behaviors develop in residential or in community settings, and may lead to calls for law enforcement to assist in managing the situation. This presentation will discuss aspects in diagnosing and managing mental health issues with persons with IDD, and provide resources to assist persons working with this population for diagnosis and management.

- *Andrew W. Griffin, Ph.D., Licensed Psychologist, Self Employed*
- *Charlotte Kimmel, Ph.D., Licensed Psychologist, Self Employed*



Wednesday November 15

1:30 – 2:30 p.m.

BREAKOUT SESSIONS - CONTINUED

2. MCOs – Understanding STAR +Plus Benefits and Unique Programs

Managed Care Organizations, LIDDAs, and IDD program providers all work towards a common goal of ensuring that individuals with intellectual and developmental disabilities are living their most independent life. Each entity has its own set of responsibilities, requirements, and guidelines on how they support and serve the individual. In this session, we will focus on understanding the benefits provided by MCOs, including value added services and unique programs offered by Molina. Further, learn how Molina Healthcare works closely with LIDDAs, IDD program providers, and other external organizations to support our members with intellectual and developmental disabilities.

- *Rachel Hopkins, IDD Program Director, Molina Healthcare of Texas*

3. Designing a Career – Peer-Led Intervention to Promote Self-Determination

This presentation seeks to advance practices in the field related to inclusive employment research, peer supported intervention, and effective methods for promoting self-determination and career design. The Kansas University Center on Developmental Disabilities partnered with Imagine Enterprises (IE) to study the feasibility and effectiveness of implementing the Self-Determined Career Design Model (SDCDM) via telehealth. The SDCDM is an evidence-based practice that promotes self-determination in a career context. Using the SDCDM, a facilitator supported youth to set and go after career goals and then reflect on the process. In this presentation, we will describe the SDCDM and evidence of its effectiveness. Additionally, self-advocates from Imagine Enterprises will describe their experiences facilitating the SDCDM with other youth with disabilities

- *Evan Dean, Associate Director, Kansas University Center on Developmental Disabilities*
- *Joshua Abrashoff, Imagine Enterprises*
- *Ricky Broussard, Imagine Enterprises*

2:30 – 3 p.m.

BREAK (EXHIBIT HALL)

3 – 4 p.m.

BREAKOUT SESSIONS

1. Connecting to the Team the ARD/IEP Process

The speaker will introduce participants to Special Education acronyms so they can speak the language and be more effective advocate. We will walk through step by step the ARD process from evaluations, preparing for meeting, what takes place during the meeting including timelines, and who can be involved. We will end with an exercise that demonstrate the importance effective communication and what options parents have if they disagree with an evaluation or even an ARD committee decision.

- *Patricia Allen, Rights Protection Officer, Spindletop Center*

2. Music Therapy – A Vital Nutrient for Mental Health

Mental health cases are on the rise. The three most common mental illnesses are anxiety disorders, depression and post-traumatic stress disorder. According to the National Alliance on Mental Illness, 839,000 adults in Texas did not receive needed mental health care. This is due to various factors including cost, location, and limited resources. Among the many variables, lack of resources to meet the increased demand of treatment for mental health issues can quickly make such problem worse. This is where prevention could make the most significant difference. Like the ancient proverb says, “An ounce of prevention is worth a pound of cure”. Music and music therapy provides that ounce of prevention. For decades, music has quietly served as a core building block of good mental health. It builds self-esteem, motivates physical activity, and enhances physical health, intellectual health, and social relationships, just to name a few. Although it is not yet in all treatment plans for mental health disorders, music therapy is steadily weaving itself into more treatment protocols. Since it’s acknowledgement as an accredited therapy, music therapy has been used to address such skills in people with a various mental health issues. In this class, we will look at the various ways that music therapy is used in the treatment protocol for mental health and look at how music can help make one’s daily life and stresses more manageable so that the stress does not become a mental illness.

- *Lauri M. Gallegos, MA, MT-BC, Board Certified Music Therapist, Laurigallegos.com*

Wednesday November 15

3 – 4 p.m.

BREAKOUT SESSIONS - CONTINUED

3. Sexual Violence and IDD – Risk Factors and Prevention

Access to healthy, consensual relationships is a fundamental human right for all individuals. Unfortunately, people with intellectual and developmental disabilities (IDD) experience sexual violence, including abuse and assault, at disproportionately high rates. In a meta-analysis of 17 studies, researchers determined that youth with disabilities have a 188% increased likelihood of experiencing sexual violence as compared to their nondisabled peers, with those with mental health or intellectual disabilities experiencing the highest risks. Exposure to such violence can lead to an array of lifelong social, health, and mental health problems. Yet in spite of these high rates of violence victimization and subsequent negative outcomes among individuals with IDD, violence prevention programming is often inaccessible to them. In this session, we will discuss the latest research available on risk factors for sexual violence victimization, including risk factors that are unique to people with IDD. The social ecological model sees violence risk factors existing at four distinct levels: individual, interpersonal/relationship, community, and societal. This presentation will focus on individual and interpersonal risk factors, including sexual behaviors, sex-related cognitions (e.g., beliefs about consent), social and emotional skills, gender-related cognitions (e.g., gender roles), lack of access to comprehensive sexuality education, restrictions to decision making, communication styles, caregiver dynamics, and more. We will use the social and medical models of disability as lenses through which to understand these risk factors, and will discuss how utilizing a social model of disability allows stakeholders to develop and implement interventions that reduce risk factors for victimization or revictimization. We will also explore how promoting self-determination can lessen an individual with IDD's risk for violence victimization. Participants will leave this presentation with practical tools and strategies they can immediately implement to reduce sexual violence risk factors for individuals with IDD.

- *Megan R. Westmore, LMSW, Ph.D. Student and Graduate Research Assistant, The University of Texas at Arlington*

4 – 4:30 p.m.

AAIDD TEXAS CHAPTER ANNUAL BUSINESS MEETING

5 – 6:30 p.m.

RECEPTION

Thursday November 16

7:30 a.m. – 5 p.m.

REGISTRATION

7:30 – 8:15 a.m.

CONTINENTAL BREAKFAST – EXHIBIT HALL

7:30 a.m. – 2:30 p.m.

EXHIBIT HALL/SILENT AUCTION OPEN

8:30 – 9:30 a.m.

BREAKOUT SESSIONS

1. DisAbility Awareness – The Words We Speak

The speaker will take participants through a walk back in time as we look at the evolution of disability labels and myths that to this day still provide corrupt meanings that not only influence how we think of people with disabilities but dictates our attitudes toward them which shapes our behaviors when interacting with people with disabilities. Through an interactive exercise, Participants will realize natural labels have been put on them and how it has affected them throughout their own life. We will end by looking at a new paradigm and focusing on the ability in disability.

- *Patricia Allen, Rights Protection Officer, Spindletop Center*

Thursday November 16

8:30 – 9:30 a.m.

BREAKOUT SESSIONS - CONTINUED

2. Antecedent Based Behavior Supports – Assent, Rapport and Happiness

When individuals are introduced to or asked about behavior analysis, often the first thing they think of is consequences. What is not often mentioned or discussed are antecedent (i.e., preventative) based approaches or strategies. In normal circumstances, focusing on prevention of behaviors targeted for reduction can be challenging but undoubtedly, these last several years have created contexts that have amplified these challenges even more. This panel session will bring together veteran Behavior Analysts to lead and discuss antecedent based approaches to behavior support services. This will include the importance of establishing rapport, building authentic relationships, determining reinforcers, obtaining both consent and assent, and creating an environment where individuals are happy, relaxed, and engaged. These will be discussed within different settings and ages (e.g., adult services, supported employment, severe behavior, and more) and the ethical requirements practitioners should be aware of. The presentation will involve the panelists coming together to answer questions to ensure individuals in Texas are receiving quality and ethical behavior support services.

- Jeffrey Dillen, MS, BCBA, LBA, Manager, Texana Center
- Mariel Fernandez, BCBA, LBA, Regulatory Affairs – Corporate Wide, Blue Sprig Pediatrics
- Rany Thommen, M.Ed., BCBA, LBA, Project Manager, Texana Center

3. Assessment to Belonging-Supporting Individuals Faith Journey

The presentation focuses on Evergreen’s successful approach to supporting peoples’ spiritual preferences. Evergreen developed their own spiritual assessment to understand an individual’s exposure to spirituality and faith. Yvonne Miller-Nixon, Evergreen’s Quality Enhancement Director discusses Evergreen’s outcome measure which includes asking people several questions to support people in their religious and spiritual practices. Learn ways to ask these important questions. Jarrod Adams and Karen Towery, Evergreen’s Executive Directors will share the stories of peoples’ journeys to belong to their chosen faith communities.

- Sharon Gomez, FAAIDD, Chief Compliance and Privacy Officer, Evergreen Life Services
- Karen Towery, NCTX Executive Director, Evergreen Life Services

9:30 – 10 a.m.

BREAK (EXHIBIT HALL)

10 – 11 a.m.

BREAKOUT SESSIONS

1. Changing Futures – Inclusive Postsecondary Education at Texas State University

In this session, participants will learn what an Inclusive Postsecondary Education for students with IDD (IPSE) program is, how state and federal policies support IPSE development, and pragmatic and philosophical reasons to consider IPSE programs as a best practice for students with IDD. Participants will also learn the current landscape for IPSE programs in Texas, and how one program, Texas State University’s Bobcat RISE, was recently developed to serve students with IDD in Central Texas. In 2008, the Higher Education Opportunity Act (HEOA) designated students with intellectual disabilities as a specific college student population. This designation set in motion funding for the development of inclusive postsecondary education programs (IPSE) and prompted increasing research in this area. IPSE programs are expanding rapidly and currently there are 316 programs available on college campuses (Think College, 2023). Texas State University’s Bobcat RISE becomes the third program that is a 4-year residential program. Programs come in many different shapes and sizes and emphasize different aspects of postsecondary student development. Some focus on living skills, others on academics, while others are vocationally centered. They can vary in length, some are on 2-year campuses while others are on 4-year campuses, and they may or may not have a residential component. Research on these programs tends to be descriptive due to the highly individualized development of programs in local contexts and with local resources, however, level of inclusion with neurotypical students in academic courses has been shown as a good indicator of successful post-program employment outcomes for students with IDD (Roberts-Dahm, 2017). Participants in this session will consider pragmatic, philosophical, and policy reasons for supporting IPSE development and they will be prompted to consider how their current role can support IPSE development or additional support for IPSE in their communities.

- Tami Shetron, Ph.D., Texas State University

Thursday November 16

10 – 11 a.m.

BREAKOUT SESSIONS - CONTINUED

2. Transition to Adulthood for Young Adults with ASD

First, we discuss the transition to adulthood and the unique experiences of young adults with ASD and their family members, who experience caregiver burden. Specifically, the transition to adulthood is a formative period of development for young adults, as they work towards independence and managing adult responsibilities. This time can be especially difficult for young adults with neurodevelopmental disorders (NDDs; such as ASD or ADHD), who may experience executive functioning and social communication difficulties. Family members also may experience distress. Evidence-based formal services (i.e., group interventions) for intellectually-able, young adults with NDDs rarely integrate natural supports (i.e., parents). In response to this growing need, the Changing Lives through Autism Spectrum Services (CLASS) clinic developed and tested a treatment program called Launching!, which is an 8-week program based on evidence-based treatments (i.e., CBT, ACT). It is designed to reduce distress and support the transition to independence for young adults with NDDs and their family members. The Launching! program was acceptable and feasible for both family members (n = 9) and young adults (n = 8), with high ratings of satisfaction. Young adults reported gaining skills and a sense of community from the group, while family members reported having a greater understanding of how to support their young adults with NDDs. By integrating formal services (i.e., group interventions) with natural supports (i.e., parents), Launching! has the potential to support young adults with NDDs and their families during the transition to adulthood. Finally, utilizing a community based participatory research approach, we discuss results from qualitative focus groups and interviews with young adults with ASD, parents, and community providers in the Latino community (n = 33) on the transition to adulthood. Overall, the Latino community indicated a significant need for culturally adapted and translated transition services for young adults with ASD and their parents.

- *Antonio F. Pagan, Ph.D., Postdoctoral Research Fellow, University of Texas Health Science Center Houston*
- *Katherine A. Loveland, Landmark Charities Professor of Autism Research and Treatment, University of Texas Health Science Center Houston*

3. Current Issues in Providing Psychology Services

This presentation will provide an update on current issues, rules, regulations and any changes that impact the delivery of psychology services for persons with intellectual disabilities. Each panel member will provide an update based on their type of psychology practice. This will include updates on the delivery of psychology services within the state and local authority systems as well as forensic practice, academic settings, geriatric services, and services in all of these areas that impact persons with intellectual and developmental disabilities.

- *Charlotte Kimmel, Ph.D., Licensed Psychologist, Self Employed*
- *Andrew W. Griffin, Ph.D., Licensed Psychologist, Self Employed*
- *Ollie Seay, Ph.D., Clinical Assistant Professor, Texas State University*

11:15 a.m. – 12:45 p.m.

AWARDS LUNCHEON

1 – 2 p.m.

BREAKOUT SESSIONS

1. Individualized Skills and Socialization from a Licensing Perspective

The Centers for Medicare and Medicaid Services (CMS) required the Health and Human Services Commission (HHSC) to develop a plan to replace day habilitation services in Medicaid 1915(c) home and community-based services (HCBS) waiver programs for individuals with intellectual and developmental disabilities (IDD) with more integrated services, referred to as individualized skills and socialization. In order to provide individualized skills and socialization services, a provider must obtain a Day Activity Health Services (DAHS) license with a category of Individualized Skills and Socialization. This presentation will provide information on the new program from a licensing perspective.

- *Stephanie Allred, Ph.D., Director, LTRC Licensing and Credentialing, Texas Health and Human Services Commission*
- *Katherine Layman, Medicaid Division, Texas Health & Human Services Commission*



Thursday November 16

1 – 2 p.m.

BREAKOUT SESSIONS - CONTINUED

2. Exploring In-Home and Crisis Respite for Individuals with IDD

The IDD In-Home and Crisis Respite programs are funded through an Interlocal Agreement with Travis County. In-Home Respite is provided in the home and community settings, to serve individuals with Intellectual and Developmental Disabilities (IDD). The program serves individuals located in geographic areas who may have less access to services, or who historically may have had difficulty locating a provider to meet their needs due to varying barriers. The program aims to support stress reduction and decrease the risk of caregiver burnout. Crisis Respite provides support to individuals diagnosed or suspected of IDD experiencing crises. Out-of-home crisis respite provides therapeutic support in crisis residential settings, for those who cannot be stabilized in a less intensive setting, and to individuals in their own home.

Individuals with IDD experience higher rates of co-morbid medical and psychiatric diagnoses. These complex needs have in the past presented barriers to accessing respite services due to the need for specialized support, which this program addresses. Both programs serve individuals through the lens of diversity, inclusion and equity, particularly as relates to people of color. Person-Centered and Trauma-Informed approaches are incorporated. The presentation will provide an overview of why respite is important through technical literature, and will address the local service area need for service needs analysis, and locating of alternate funding sources. The presentation will speak to how the IDD In-Home and Crisis Respite programs are structured for Travis County, and the barriers that have been addressed through the program's implementation. A group activity with the audience will conclude the presentation, demonstrating tools/materials used in the program.

- *Melissa Ruiz-Guevara, QIDP, IDD Community Support Supervisor, Integral Care*
- *Kyla Daniel, QIDP, IDD Community Support Supervisor, Integral Care*

3. Home and Community Based Services (HCBS) Settings Requirements

This presentation will examine the Home and Community Based Services (HCBS) Setting requirements implemented for the HCS and TxHmL Programs. The presentation will also cover the process if settings requirements must be modified for an individual. The presentation will provide a review the new program service individualized skills and socialization including an in depth look at three types of individualized skills and socialization - onsite, offsite, and in-home.

- *Elaine Wied, Manager, Provider Fiscal Compliance, Texas Health and Human Services Commission*
- *Kalioppe Schmidt, Director, Provider Monitoring, Texas Health and Human Services Commission*

2 – 2:30 p.m.

BREAK (EXHIBIT HALL)

2:30 p.m.

SILENT AUCTION CLOSES

2:30 – 3:30 p.m.

BREAKOUT SESSIONS

1. Provider Fiscal Compliance Review Process

This presentation will provide an overview the Provider Fiscal Compliance Review Process for Home and Community-based Services (HCS) and Texas Home Living (TxHmL) Programs. The types of reviews that may be conducted as well as the method for completing the review will be discussed. Additionally, a high level review of the written documentation requirements will be provided.

- *Elaine Wied, Manager, Provider Fiscal Compliance, Texas Health and Human Services Commission*
- *Kalioppe Schmidt, Director, Provider Monitoring, Texas Health and Human Services Commission*

Thursday November 16

2:30 – 3:30 p.m.

BREAKOUT SESSIONS - CONTINUED

2. Beliefs About Sex Education for Individuals with Disabilities

This investigation describes the perceptions of involved adults concerning the sexuality of individuals with intellectual disabilities. Participants completed a Q sort with a concourse of thirty-six items. Analysis produced four different belief systems: Normalization Advocates, Supporters of Abstinence, Responsibility and Control Proponents, and Humanistic Stalwarts. These belief systems describe the respondents' views on sex education, birth control methods, and sexual participation concerning individuals with intellectual disabilities.

- *Angela Jaramillo, Honors Student, Texas A&M International University*
- *Randel Brown, Ph.D., Associate Professor of Special Education, Texas A&M International University*

3. Goal Setting – A Family-Focused Approach to Promote Children's Self-Determination

This session will share a newly developed module that will empower families to promote their child's self-determination skills. The module was developed using evidence-based practices including the Self-Directed Learning Model of Instruction (SDLMI) framework along with targeted ABA support. The presentation consists of three sections: (a) introduction and modeling, (b) practice and discussion, and (c) application and sharing. Families will receive step-by-step instructions and SDLMI concepts from the presenters, and have the chance to apply their newly acquired knowledge to their own child's case. Additionally, family will connect with other families, share experiences, and be encouraged to expand their understanding.

- *Wen-husuan Chang, Ph.D., Assistant Professor of Special Education, Texas A&M University College Station*
- *Ashley Voggt, Ph.D., Assistant Professor of Special Education, Texas A&M University of Corpus Christi*
- *Dalila Romero, LSSP, Doctoral Student, Texas A&M University College Station*

3:45 – 4:45 p.m.

BREAKOUT SESSIONS

1. Behavior Chain Interruption Strategy Effect on Problem-Solving and Productivity

Michael (1993) explains Behavior Chain Interruption Strategy (BCIS) as a blocked response conditioned establishing operation (CEO) that may include a transitive CEO paired with an absent or blocked Discriminative Stimulus (SD) for the next chain step. Therefore, this may be viewed as a "problem situation" according to Skinner (1953). As such, it may evoke pre-current problem-solving behaviors (including mands) that eventually yield an SD for the solution. This presentation describes an experimental research study that demonstrates the positive effects of a Behavior Chain Interruption Strategy (BCIS) intervention on generalized problem-solving skills and productivity using a multiple-probe across participants design for two adults with developmental disabilities in an applied setting. Results from the study were positive, suggesting that using BCIS was effective for adults with developmental disabilities across a variety of settings at an adult day center to engage in effective problem-solving and communication skills. In addition, as study participants demonstrated learning to solve problems and communicate, their productivity increased. The presentation may follow a lecture format with study details given as an example of how BCIS can be used to increase problem solving and communication. For example, study participants were familiar with cleaning tasks in different rooms at the day center. When participants gathered the supplies needed for cleaning the dining room, they quickly noted the broom was missing from the closet. Initially, participants commented, "oh well, the broom is missing, guess I can't sweep..." however, after BCIS instruction (appropriate prompting), students increased problem-solving skills, communication skills, and productivity. The instructional component of this strategy for potential session participants is simple: 1. Identify a task that requires 3-5 steps to complete. 2. Break the task into steps (create a task analysis), teach each step. 3. Before an individual in care attempts the task independently, hide one essential item/material needed to complete the task. 4. Provide prompts as needed to encourage communication, and problem-solving encouraging task completion. Time will be allotted for Q&A / discussion plus a guided activity where participants plan for using BCIS to benefit an individual in their care. For example, a parent may learn how to embed this strategy in task analyses at home, or teachers may learn to use this strategy in their classroom/community-based instructional settings.

- *Ashley Voggt, Ph.D., Assistant Professor of Special Education, Texas A&M University of Corpus Christi*

Thursday November 16

3:45 – 4:45 p.m.

BREAKOUT SESSIONS - CONTINUED

2. Self-Care for IDD and Crisis Professionals

Every day people who work in the IDD and Mental Health field help others through difficult times. Whether the crisis is residential, employment, health or behavioral, doing this work takes a mental and physical toll on everyone, including the people who do this work. Our mental health is important, too. The purpose of this presentation is to explore the concept of self-care and help professionals recognize the importance of and come up with ideas for living full and balanced life while helping the people we serve. In this presentation participants will share ideas to prevent burn-out and other impacts of working in a field that is often, while incredibly rewarding, can also be very stressful.

- *Steve Fitzner, MS, LPA-I, Licensed Psychological Associate with Independent Practice, Spindletop Center*

3. Pediatric Feeding Disorders – Assessment, Treatment and Outcomes

This presentation will guide parents, clinicians, and practitioners on how to distinguish a severe feeding disorder from a mild one, determine what factors may contribute to the maintenance of a feeding disorder, and learn about the different assessment and treatment intervention options that are available. Further, the presentation will describe The Harris Center's Feeding Disorders Program in more detail by providing pictures, videos and outcome data that support its efficacy in utilizing evidence-based treatments. Given that The Harris Center is a safety net provider to primarily underserved populations, the data show that despite not having access to the resources and interdisciplinary input provided by more intensive programs, using evidence-based procedures with sociodemographically diverse children can have a significantly long-lasting impact on their feeding and mealtime behavior. This can also help to dismantle widespread treatment disparities commonly faced by these underserved populations.

- *Rinita Roberts, Ph.D., Clinical Psychologist, The Harris Center for Mental Health and IDD*

4:45 – 5:15 p.m.

SILENT AUCTION PICK-UP

EVENING ON YOUR OWN

Friday November 17

8 – 11 a.m.

REGISTRATION

8 – 8:45 a.m.

CONTINENTAL BREAKFAST

9 – 11 a.m.

CLOSING SESSION

Closing Session – State Leader Panel Discussion

- *Moderator, Toye Babb, President, AAIDD Texas Chapter*
- *Isabel Casas, Director of IDD, Texas Council of Community Centers*
- *Scott Daigle, Public Policy Director, Texas Council for Developmental Disabilities (TCDD)*
- *Heather Fleming, Director of Provider Relations, Medicaid/CHIP Services, Texas Health & Human Services Commission (HHSC)*
- *Ashley Ford, Director of Public Policy & Advocacy, The Arc of Texas Invited*
- *Anne McGonigle, Deputy Associate Commissioner of IDD Services, Texas Health & Human Services Commission (HHSC)*
- *Carole Smith, Executive Director, Private Providers Association of Texas (PPAT)*
- *Beth Stalvey, Executive Director, Texas Council for Developmental Disabilities (TCDD) Invited*
- *Heather Vasek Consultant Legislative, Provider Alliance for Community Services of Texas (PACSTX) Invited*

GENERAL INFORMATION

ONLINE REGISTRATION

To register online, go to www.aaiddtx.org. You can make your payment by credit card or check. Once you have registered online, make check payable to AAIDD Texas Chapter and mail payment to: AAIDD Texas Chapter, P.O. Box 28076, Austin, TX 78755.

Hotel Information

Grand Galvez
2024 Seawall Blvd.
Galveston, Texas 77550

Online Reservations [Click Here](#)

Rooms include complimentary wireless internet, bottled water and coffee. Attendees receive 20% off Spa services (reservations encouraged) Sunday-Thursday.

Group room rates available (2) nights prior to the event based upon availability. Reservations requested after cut-off date will be subject to space and rate availability.

Rates: \$169.00 single/double occupancy
Check-in time is 4 p.m.; check-out time is 11 a.m.

Make your reservation by October 23, 2023 to ensure the special rate and room availability. Reservations requested after cut-off date will be subject to space and rate availability.

Hotel Parking: Valet only parking is \$25.00/day.

TRANSPORTATION

Ground transportation to/from George H. Bush Intercontinental Airport or William P. Hobby Airport is available through SuperShuttle. For reservations, contact SuperShuttle at 800/258-3826 or supershuttle.com. The shuttle pick-up location is curbside near the baggage claim area at each airport. Rental car agencies are located at both airports. There are also various ride share options to consider.

ATTIRE

Attire is “business casual” for all meetings and events.

BADGE IDENTIFICATION

Badges are required for entry to all meeting rooms, meal functions and Exhibit Hall.

CONCURRENT SESSION ADMITTANCE

All sessions are open to conference attendees on a *first-come/first-serve basis*. As soon as all chairs are occupied, the room monitor will close the session. Fire codes prohibit the attendees from standing in the aisles or against the walls. We appreciate your cooperation.



GENERAL INFORMATION

CONTINUING EDUCATION UNITS

CEUs are available for designated sessions at the Convention at no charge. CEU forms will be provided at the designated sessions. Certificates will be distributed after completion of each session.

CONVENTION EVALUATION FORMS

Be sure to complete the overall convention evaluation form and return it to the registration desk before the closing session. Attendees who complete the overall convention evaluation form, will receive a ticket for a prize drawing to be held at the closing session. Your input is important and will help us plan for the 2024 Convention.

DOOR PRIZES

Door Prize drawings will be held in the Exhibit Hall at selected break times on Wednesday and Thursday. To qualify, you must visit all exhibitors and have each one sign the drawing card. Drawing cards will be available at the registration desk. To be eligible to win, your completed entry form must be dropped in the bowl at the AAIDD Texas Chapter exhibit table. You must be present to win!

EXHIBITION INFORMATION

There are (20) exhibit tables available for the show this year. The exhibit fee includes one registration. Additional company representatives will need to pay the additional exhibitor fee (\$195). Upon receipt of your exhibitor registration and payment, display tables will be assigned on a first-come/first-serve basis. The exhibit hall will be open during the following hours: Noon – 4:30 p.m., Wednesday, November 15 and 7:30 a.m. – 2:30 p.m., Thursday, November 16. Exhibitor set-up begins on Tuesday, November 14 from 2 – 5 p.m. Exhibits need to be ready by 11 a.m. on Wednesday, November 15. Tear down begins at 2:30 p.m. on Thursday, November 16 with all displays removed by 3:30 p.m. Please contact Pat Holder at 512/349-7470 for display table availability and assignments.

SPEAKER PRESENTATIONS

As a “Green” initiative, we will post the speaker presentations to the website following the Convention. Speakers will provide a short summary of their presentation onsite. Thank you for your cooperation.

SPONSORSHIP OPPORTUNITIES

If your organization is interested in a sponsorship opportunity, please check the appropriate box on the registration form. When completing the registration, be sure that the company name is printed exactly as it is to appear in the promotional materials. Sponsors receive the following benefits for their participation at the Convention: listing on sign at the convention; recognition in the convention program (if committed 30 days in advance), company name posted on the association website, recognition in the association newsletter and sponsor ribbon on name badge at the convention.

BOARD OF DIRECTORS

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dion@cflr.us

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lisasimmons423@gmail.com

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Susanne Deiter

Destination Independence LLC

Susannedeiter1964@gmail.com

Members At Large

Margo Childs

The Harris Center for Mental Health and IDD

margo.childs@theharriscenter.org

Sherri Gilliard

The Mentor Network

Sherri.gilliard@thementornetwork.com

Charlotte Kimmel, Ph.D.

Independent Practice

cmkphd@yahoo.com

Rachel Medina

LiveOak Living Community

rm@liveoakliving.com

Ollie Seay, Ph.D.

Texas State University

ollieseayphd@austin.rr.com

Ken Winston

Integral Care

ken.winston@integralcare.org

Pat Holder

Convention Manager

patholder@austin.rr.com



CONVENTION COMMITTEE

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REGISTRATION INFO

AAIDD 47th Annual Convention

“Navigating Changes”

Grand Galvez • Galveston, Texas • November 14-17, 2023

To Register Online visit our website - www.aaidctx.org

- **Cancellation Policy:** No refunds will be given after **October 23, 2023**; however, substitutions will be permitted.
- For best rates, be sure to register by the earlybird cut-off of October 23, 2023
- Special needs? Interested in Convention sponsorship? Questions? Contact Pat Holder, Convention Manager at 512/349-7470 or patholder@austin.rr.com.

★★★ Join AAIDD Texas Chapter now! If you sign up now, you can register at the member rate. ★★★
Membership to AAIDD Texas Chapter is an Individual membership. Visit aaid.org

Registration Fees*

	Early Bird Until 10/23/23	After 10/23/23 and on-site
Full Convention - Member	\$350	\$400
Full Convention - Non-Member	\$400	\$450
Daily Rate	\$150	\$180
Guest/Spouse	\$150	\$180
Pre-Convention Workshop	\$125	\$150

*Fees for full convention attendees include Wednesday – Friday sessions, daily coffee breaks and the Thursday Awards Luncheon. The daily rate includes the sessions, coffee breaks and meal functions scheduled on that day.

Group Discount: Take \$15.00 off per person from the full registration fee with 3 or more from your facility/agency/company. **To receive the group discount for multiple attendees, please register the group together online. Late additions will be charged as a separate submission and not receive a discount.**

Exhibitor Information

	Early Bird Until 10/23/23	After 10/23/23 and on-site
Exhibit Fee	\$580	\$630

Exhibit fee includes one (1) complimentary registration, one six foot skirted table and two chairs. Other company representatives will need to pay the additional exhibitor fee (\$195/person). Only representatives who are employed by the exhibiting companies will receive this rate. All other visitors must pay non-member rate. Contact Pat Holder at 512/349-7470 for booth availability.

Convention Sponsorship

Diamond	\$1,000
Platinum	\$750
Gold	\$500
Silver	\$400
Bronze	\$250

If you are interested in Event Sponsorship, contact Pat Holder at 512/349-7470.

